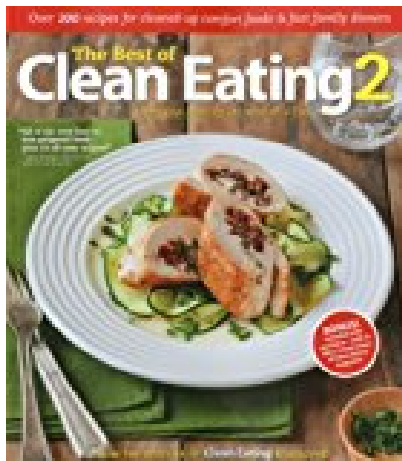


The Best of Clean Eating 2 Over 200 Recipes with Cleaned-Up Comfort Foods and Fast Family Dinners



BOOK DETAILS

- Author : Editors of Clean Eating magazine
- Pages : 272 Pages
- Publisher : Robert Kennedy
- Language : English
- ISBN : 1552100979

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BOOK SYNOPSIS

Hot on the heels of the best-selling Best of Clean Eating cookbook is The Best of Clean Eating 2, with a fresh selection of the most healthy and delicious recipes to date. Clean Eating is dedicated to showcasing recipes that are easy and affordable to make, comforting yet surprisingly light, and packed with seasonal and local ingredients. From low fat and heart healthy to vegetarian/vegan and gluten free, Clean Eatings recipes are conveniently adaptable to suit dietary restrictions without sacrificing taste.

THE BEST OF CLEAN EATING 2 OVER 200 RECIPES WITH CLEANED-UP COMFORT FOODS AND FAST FAMILY DINNERS

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