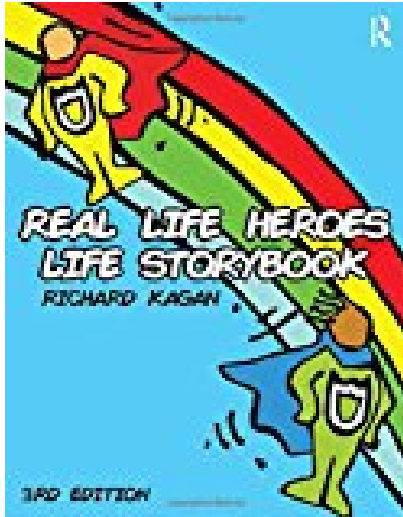


# Real Life Heroes Life Storybook 3rd Edition



## BOOK DETAILS

- Author : Richard Kagan
- Pages : 244 Pages
- Publisher : Routledge
- Language : English
- ISBN : 0415518040



## BOOK SYNOPSIS

Real Life Heroes Life Storybook, 3rd Edition is a resourceful tool for children with traumatic stress. The resiliency-centered format and structure of the volume is coupled with treatment and sessions outlined in the Real Life Heroes Toolkit for Treating Traumatic Stress in Children and Families. This updated edition uses a creative arts approach, encouraging children to work with dependable adults to develop autobiographies through a wide range of activities, including drawings, music, movies, and narrative. By helping children feel protection from adversity and stressors that exist in everyday life, this workbook gives children a sense of value that can promote transformation of troubled children from victims into tomorrows heroes.

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