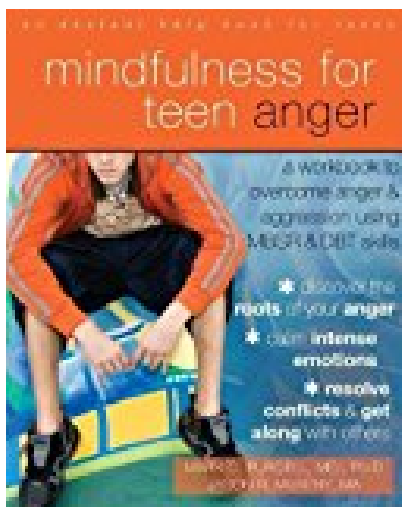


Mindfulness for Teen Anger A Workbook to Overcome Anger and Aggression Using MBSR and DBT Skills



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BOOK SYNOPSIS

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