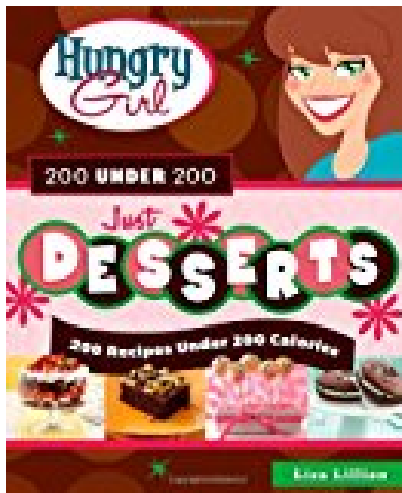


Hungry Girl 200 Under 200 Just Desserts 200 Recipes Under 200 Calories



BOOK DETAILS

- Author : Lisa Lillien
- Pages : 400 Pages
- Publisher : St. Martins Griffin
- Language : English
- ISBN : 0312676743

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BOOK SYNOPSIS

CALLING ALL DESSERT FANATICS: Get ready for an entire cookbook of decadent treats with under 200 calories each! Now, you can indulge and satisfy your sweet tooth with NONE of the guilt! Only Hungry Girl could create delicious guilt-free recipes like... Goey German Chocolate Cake Mug (194 calories!) PB Cheesecake Chocolate Cupcakes (154 calories!) Strawberry Snowball Cupcakes (135 calories!) Roarin Red Velvet Cake Pops (93 calories!) Black Forest Brownies (141 calories!) Banana Cream Cutie Pies (108 calories!) Freezy Cookies 'n Cream Whoopie Pie (164 calories!) Cuckoo for Cannoli Crunchers (108 calories!) Strawberry Shortcake Cream Fluff Cups (95 calories!) Berry-Good Tropical Trifle (188 calories!) Baked Caramel 'n Coconut Apples (140 calories!) This is the first-ever ALL-DESSERT cookbook from Hungry Girl, and its sure to please sweets-obsessed Hungry Girl fans everywhere!

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