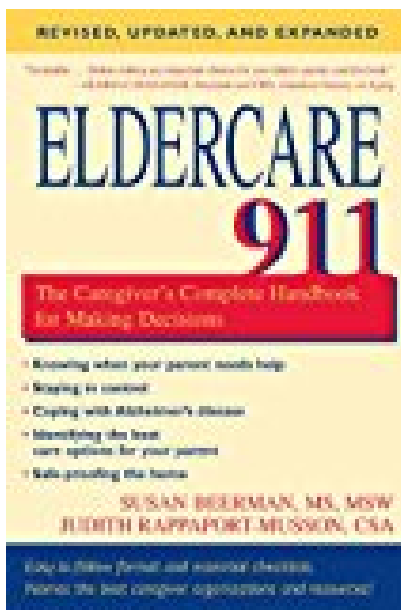


Eldercare 911 The Caregivers Complete Handbook for Making Decisions Revised Updated and Expanded



BOOK DETAILS

- Author : Susan Beerman M.S.W.
- Pages : 668 Pages
- Publisher : Prometheus Books
- Language : English
- ISBN : 1591026164

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BOOK SYNOPSIS

Publishers Weekly hailed the first edition of Eldercare 911 as an excellent, comprehensive guidebook. Today it continues to be the best how to book on the market for anyone facing the challenges of caring for an elderly loved one. Now this revised, updated, and expanded edition will offer the best step-by-step recommendations for over 200 situations, providing even the most experienced family caregivers as well as professionals with invaluable new insights and guidance for managing eldercare needs. Through a wealth of concrete new and updated information and practical, easy-to-follow solutions to nearly every problem, the message throughout is You are not alone. These eldercare consultants have also added crucial new chapters on:

- How to Protect Yourself from Toxic Relatives Learn how to survive the negative impact of know-it-alls, guilt trippers, parents in denial, and disappointers.
- Aging in Place Step-by-step recommendations to make remaining in the home a safe option, including insights into evaluating parents physical, psychological, emotional, and social needs.
- Working Caregivers: A Balancing Act Reduce stress and maximize time by learning how to prioritize conflicting responsibilities.
- In Case of an Emergency Learn how to prepare for unexpected problems and react without panic to reduce the stress of a variety of emergency situations.
- Caregiver Voices Caregivers share their wisdom to help others renew their strength and lighten their hearts. With tip sheets that conclude each chapter and journal space for expressing thoughts, Eldercare 911 helps caregivers face reality with support and encouragement while reminding them: When you've done the best you can, no one has the right to ask more of you.

Susan Beerman, MS, MSW (Kew Garden Hills, NY), is president and founder of Barrister Advisory Services, Inc., a consulting firm specializing in geriatrics and individuals with special needs. Judith Rappaport-Musson, CSA (Jupiter, FL), is a partner and cofounder of Preferred Client Services, Inc., a geriatric care management and personal services firm. Her successful weekly Sunday column, Eldercare 911, appears in four Scripps Treasure Coast newspapers.

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